NOTICE

VIDEO/AUDIO MEETINGS OF THE COUNCIL TO BE HELD ONLINE VIA “ZOOM”

THE PUEBLO PUBLIC MAY OBSERVE AND PARTICIPATE

During the public health emergency caused by the coronavirus (COVID-19), the Council will conduct Regular Meetings at least twice per month using an online video conferencing called “ZOOM”, or the Council may use an audio meeting process via conference call until such time deemed necessary.

Members of the Pueblo may observe and participate in the Regular Meetings using the following process:

1. Request the video/audio meeting information including a password from:

   Office of the Council          or          Office of the Governor
   (505) 455-4150               or               (505) 455-2273

2. When requesting the call-in and password information, the Pueblo Member must provide identifying information so that all participants may be readily identified;

3. Each Member of the Pueblo must identify themselves when joining the meeting;

4. Only Members of the Pueblo or guests invited by the Governor or Council may attend Council meetings;

5. Members of the Pueblo may address the Governor and Council during the public comment period listed on the agenda; The Governor may impose a time limit on public comments as necessary;

6. Once on the call, a Member of the Pueblo must set their device to “mute” to limit any background noise; Devices may be “unmuted” when speaking during the public comment period;

7. The Council will continue follow the standard meeting procedures including posting a 5-day notice of each Regular Meeting, including posting any proposed resolutions and laws to be considered at the meeting.
COMMUNITY ALERT NOTIFICATION SYSTEM

We are in the process of setting up an alert system. This system will allow us to send information out to the community immediately. To include future distributions of food and medical supplies, and in case of emergency we can use this system to immediately send out notifications to the community.

If you haven’t turned in your information form to the Governor’s Office, please do so, or call the secured recorded line to leave your information. (505)455-4105.

If you have any questions, please call the Governor’s office at (505)455-2273.
DISTRIBUTIONS

If you missed last week Friday’s (May 29) distribution you can come by this Friday (6/5) from 12 noon until 4pm to pick up your food box, water, harvest box, potatoes and watermelons (while supplies last on the sandia) at the gym.

Distributions for the month of June will be Thursday, June 11th and Thursday, June 25th from 1 to 5pm at the gym.

Stay safe!

CASHIERS NEEDED

Totavi and White Rock are hiring cashiers
Please pickup application
at one of the stores
Emergency Financial Assistance for Natives

There are so many who have experienced severe changes to their living situations in the past months due to the COVID-19 pandemic. Many have lost jobs and are facing extreme financial hardships. We want you to know that the Santa Fe Indian Center is here for you!

Santa Fe Indian Center is providing Emergency Financial Assistance to Native individuals and families living in Santa Fe County who are currently facing hardships with paying their monthly bills and any other emergency situation. To apply, you must request an application by phone 505-660-4210 or by email sfIndiancenter@gmail.com

All applications are reviewed by a committee on a case by case basis. When submitting your application, you must also send accompanying document such as a utility bill or eviction notice. For more information or to see if you qualify, call the office at 505-660-4210.

Native Community Food Distribution

Tomorrow! Friday, June 5, 10am-12pm
1420 Cerrillos Road

We have bags of food with produce and care bundles with personal care items plus cleaning products, hand sanitizer, masks and activity kits for children. All while supplies last. Please stay in you vehicles while accepting items. Thank you!
Special Announcements

College Graduate

Hailey Gonzales, Northern New Mexico College

Hailey has graduated with her Associates of Arts in Early Childhood Education. She is currently working on getting her Bachelor’s and is on the National Honor Society at Northern New Mexico College. She is a Head Teacher at the Family Learning Center in Espanola. She is also an active member of the youth Council.

High School Graduates

Ashten Cedar Martinez,
Pojoaque Valley High School

Ashten is a graduate of Pojoaque Valley High School and was awarded the Golden Elk Award, ranking #9 in her class. She was also awarded an Emerald Scholar and was in the National Honor Society. While at Pojoaque, she was a Varsity Volleyball player and chosen to play on the North All-Star Team, she also played Varsity Basketball for 5 years and was also chosen to play on the North All-Star Team. Ashten will continue her Academic and Athletic Career at Haskell Indian Nations University in Lawrence, Kansas.
Brianen Martinez,  
Del Norte High School  
Brianen is currently attending Central New Mexico College studying Criminology but plans on attending University of New Mexico in the Fall.

Kianna Martinez,  
Academy for Technology and the Classics  
Kianna has always kept her eye and heart on her dreams. She will continue her education and aspires to use her knowledge to give back to her community. She will be attending UNM in the fall. She is planning to major in Biology with a minor in Native American Studies. We are so proud of the young woman Kianna has become. Congratulations we love you!
Pauline Montoya, Pojoaque High School

Pauline Rayn Montoya, the Beast, Paa Tsee. Daughter to Kitty Montoya, niece of Bryan Montoya, and granddaughter to Paul and Pauline Montoya. Born on January 16th, Pauline came crashing into the world demanding to be heard and seen. She was a miracle and made her presence known. During her young life she has become both responsible and kind, never thinking of herself first, but always thinking of the family she comes from.

As a young lady graduating from Pojoaque Valley High School, she will continue to amaze the world with her flair for baking and hopes to attend college culinary courses, while working part time and tasting what the world has to offer.

Zachery Moquino, Los Alamos High School

Zach is a Graduate of Los Alamos High School where he is a member of LAHS Boys Golf team and the Native American Club. He likes to fish, go camping playing golf, listening to music and driving around bus especially likes to hang out with his friends. Because of COVID-19 and its effect on the surrounding communities, he is not quite set on his plans for the fall semester. He is thinking of taking care of his pre-requisites at one of the nearby colleges, possible CNM, and then transfer elsewhere when he has taken care of those. Zach is excited to see what the future holds for him but knows that San Ildefonso will always be here for him to come.
Leah Mountain,
Los Alamos High School

Leah’s high school career was well accomplished with several accolades that culminated with her greatest achievement of becoming a graduate of the Los Alamos High School Class of 2020. Throughout her high school career Leah was a student athlete who served her community and represented her school with dedication and leadership. As a student, Leah graduated with a 3.2 cumulative G.P.A. and will attend Fort Lewis College in the Fall of 2020. As an athlete, Leah is a five (5) year letter award winner for the Hilltoppers Girls golf team and served 4 years as Team Captain. Leah led the initiative to implement a social change for Native American graduating Seniors that will allow for future Native graduates the ability to wear a Native sash as a graduation cord and as part of the traditional cap and gown. This graduation cord shall solely be available to Native American graduates as a representation of their culture and traditions.

Justin Pena,
Los Alamos High School

He is headed to Western Washington University where he will major in History. Justin has received 3 important scholarships. Knights of Columbus #3137 gave him an academic scholarship. He also received the Rotary Club’s Great Expectations scholarship. Along with the Los Alamos Public Schools Foundation which gave Justin the Irene Boone Memorial Scholarship. He has worked at Ruby K’s Bagel Cafe for the last two years. During high school, he participated in NJROTC and Track & Field for all four years and LAPS Schoolboard Liaison for his Junior and Senior Year.
Sheldon C. Pena, Santa Fe Indian School

His plans in the next few years are to work at a fast food restaurant to save up money for college. He then plans to go to college at the Santa Fe Community College for 2 or 4 years in Criminal Justice. He has chosen to fulfill his career as a New Mexico State Police Officer because there is no other career that he has gotten the most interested in and it is a career that he can use the skills he has learned in the past and improve them in the future.

Po-Woh-Geh-Owingeh is the best pueblo out of all the other 19 pueblos and I am proud of being from there/here. Finally, I want to forever thank all of the people I’ve met. Especially the friends and family I’ve lost, and gotten to know so far in my life. Thanks for all the laughs, cherishable memories we’ve had, and being there through the hardest of times. Thank you to the class of 2019 from Santa Fe Indian School for getting to know them and growing up with them through all of middle school and high school. Lastly, thanks to The Bois (boys)!

Dion Valdez,
Pojoaque High School

Thank you to my Family for their love and support!

I couldn’t do great things without you!

Thank you to my community for helping me grow and become ME!

Congratulations to all the 2020 ‘Quarantine’ Graduates!!

We did it through all this craziness!!
Janayah Weahkee,
Pojoaque Valley High School

I am a proud graduate of Pojoaque Valley High School. Through my time in high school I have learned many lessons, one of the most important being perseverance. I learned there is a lot is to be earned by persisting through endeavors and hurdles we face. We must work hard because there are no shortcuts to success. I will carry these lessons with me throughout college, as I attending Fort Lewis College this upcoming fall semester. Although I plan to pursue a degree in Engineering, it is my foremost goal to become a positive role model for my community.

Kameron Montoya,
Santa Fe High

After high school I plan on enlisting in the national guard and also furthering my education in wildlife and become a conservation officer.

More Graduates:
Jonathan Gonzales,
AA Criminology SFCC

John Naravjo
Pojoaque Valley High School

Jordiean Tenorio
Pojoaque Valley High School

Nichelle Aguilar
Los Alamos Valley High School

On behalf of Governor, Council, Staff and the entire community, congratulations to all students for your hard work. We want to encourage you to continue to strive for success!
8th Grade Promotions

Ray Corbine, Pojoaque Middle School
Ray enjoys playing football and baseball. He’s excited to start High School because all his friends are upperclassmen. Congrats Ray! We love you!

Sabrina Rayn Ghizlane, Pojoaque Middle School
Sabrina is super excited to be a Freshman at Pojoaque Valley High School. Skipping a grade, she will be a young High Schooler, yet she has the capacity to do great things. Being the Genius of her family, and taking AP honors classes, education will be her tool to tackle the world. Sabrina enjoys reading books and helping her older sisters with school work. Some of her favorite books include Harry Potter and The Kite Runner.

Lauren Garcia, Pojoaque Middle School

Edwina Martinez, Los Alamos Middle School

Annaleise Moquino, Santa Fe Indian School
Congratulation to Annaleise “Goober” Moquino on your 8th Grade promotion at the Santa Fe Indian School! Annaleise has been on the honor roll during her 2 years at SFIS. We are all proud of you!

Christian Pena, Son of Laurence and Melanie Pena
Raven Narajo, Los Alamos Middle School

Cienna Whiteman, Santa Fe Indian School

Onessa Weahkee, Los Alamos Middle School

6th Grade Promotions

Allie LaPaige Cata, El Paso Christian School

Allie’s future plans include a mix of: Military Service, College and a career as a Police officer. She is patient, loving and very smart. In her spare time she enjoys playing Roadblocks, Soccer and the Guitar.

Paul Ghizlane, Pojoaque Sixth Grade Academy

Paul cannot wait to move on to the 7th grade at Pojoaque Valley Middle School. Paul loves his video games yet always remembers to be helpful. Paul looks highly on his parents and hopes to achieve many things in life. Of course, at this stage in life his goals are ever changing. Lawyer, soccer player, and anything that makes lots of money are among his current career choices.
Galen “Paa Seng” Martinez,
San Ildefonso Day School

Congratulations to Galen “Paa Seng” Martinez for being promoted from 6th grade, Good Job! Galen has been attending the San Ildefonso Day School since Kindergarten. We are very proud of you and we hope that you continue to work hard and to get good grades in middle school. Keep doing your best in all that you do. Love your Family.

Alison Paytiamo,
San Ildefonso Day School

I am graduating from the San Ildefonso Day School this May. I will be going to Pojoaque Valley Middle School in the fall. I plan to try out for basketball, softball and volleyball at the Middle School. I liked the Day School because I knew everyone there, Ms. Arta is a good cook, I liked the teachers too. I am proud that I finished my work while at the Day School, I love to play sports, I love my family.

Hannah Alise Martinez, Kha’Po Community School
Autumn Martinez, Kha’Po Head Start

We are the proud parents of Hannah Alise Martinez and Autumn Santana Martinez. Hannah is in the 6th grade and will be getting promoted from Khapo Community School, she will be attending Santa Fe Indian school. We are very proud of you Hannah continue your hard work, and also your softball career. Autumn Martinez is currently attending Santa Clara Headstart and is graduating to kindergarten, she will be attending Khapo Community school. We love you Nanatsee continue your hard work at the big school, and reach for the stars. We love you both so much. Love dad Marvin and mom Alex.
San Ildefonso Headstart Graduates

Agapito Martinez

He will be promoted from San Ildefonso Headstart and moving on to the San Ildefonso Day school. Pito loves being Outdoors, Hunting, Fishing, Baseball, Basketball and Family! When graduates High School he wants to be a Soldier.

Ava’Monae F. Martinez

She plans to attend Kindergarten at San Ildefonso Day School. She likes to spend her free time with her brother, playing Fortnite with her dad and hanging out with Saya and TehTeh

Maliyah Herrera-Martinez  Vincent Naranjo  Elias Davila
Enrollment Open to Everyone!!

FREE FULL-DAY Head Start

Eight Northern Indian Pueblos Council (ENIPC)

Head Start—Ages 3 to 5

Currently has spots available at the San Ildefonso Pueblo and Nambe Pueblo sites

Applications available at:

- enipc.org
- ENIPC Head Start Office: 327 Eagle Dr. Ohkay Owingeh, NM 87566
- Or call 505.901.3506 for more information
Coping with Stress

Older people are at higher risk for severe illness from COVID-19 which may result in increased stress during a crisis. Here are a few things you can do to cope with that stress:

<table>
<thead>
<tr>
<th>Hearing about the pandemic repeatedly can be upsetting.</th>
<th>Connect with others</th>
</tr>
</thead>
<tbody>
<tr>
<td>Take breaks from:</td>
<td>Use video chat</td>
</tr>
<tr>
<td>watching the news</td>
<td>instead of face-to-face meetings</td>
</tr>
<tr>
<td>reading newspapers</td>
<td>Talk with people you trust about your concerns and how you are feeling.</td>
</tr>
<tr>
<td>listening to news stories</td>
<td>Call your healthcare provider</td>
</tr>
<tr>
<td>reviewing social media</td>
<td>if stress gets in the way of your daily activities for several days in a row.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Make time to unwind.</th>
<th>Take care of your body.</th>
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<tbody>
<tr>
<td>Try to do some other activities you enjoy.</td>
<td>Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep, and avoid alcohol and drugs.</td>
</tr>
</tbody>
</table>

SOURCE: MEDICARE.GOV
Scams related to the coronavirus, also known as COVID-19, are rapidly increasing as the public health emergency develops. Scammers are targeting older adults and those with serious long-term health conditions who appear to have a higher risk for serious illness from COVID-19.

Fraudsters are attempting to bill Medicare for sham tests or treatments related to the coronavirus and are targeting individuals to illegally obtain money or Medicare numbers.

**What Can You Do to Stop COVID-19 Fraud?**

- Do not give out your Medicare number to anyone other than your doctor or other health care provider.
- Protect your Medicare number and treat your Medicare card like a credit card.
- Never provide your Medicare number to anyone who contacts you through unsolicited calls, texts, or emails.
- Be cautious of anyone who comes to your door offering free coronavirus testing, treatment, or supplies.
- Don’t click on links from sources you don’t know, which could put your computer or device at risk. Make sure the anti-malware and anti-virus software on your computer are up to date.
- Be cautious when purchasing medical supplies from unverified sources, including online advertisements and email/phone solicitations.
- Ignore online offers for vaccinations. If you see ads touting prevention products or cures for COVID-19, they are most likely a scam.
- Do your homework before making a donation to a charity or crowdfunding site due to a public health emergency. Be particularly wary of any charities requesting donations by cash, by gift card, or by wire transfer.
- Be alert to “investment opportunities.” The U.S. Securities and Exchange Commission (SEC) is warning people about online promotions, including on social media, claiming that the products or services of publicly traded companies can prevent, detect, or cure COVID-19 and that the stock of these companies will dramatically increase in value as a result.
What Does Medicare Cover in Relation to COVID-19?

- Medicare Part B (Medical Insurance) covers COVID-19 tests when ordered by your doctor or health care provider on or after February 4, 2020.
- Medicare covers all medically necessary hospitalizations, including extra days in the hospital for patients who had to stay longer under COVID-19 quarantine.
- There is no vaccine for COVID-19 at this time; however, if one becomes available, Medicare will cover it.
- Medicare also recently expanded coverage of telehealth services to enable beneficiaries to access a wider range of services from their providers without having to travel to a facility.
  - This includes access to doctors, nurse practitioners, clinical psychologists, and licensed clinical social workers.
  - During this emergency, there are also more options for the ways your providers can talk with you under this provision.
- For Medicare coverage questions, contact your local State Health Insurance Assistance Program (SHIP) at SHIPTAcenter.org or 1-877-839-2675.

Other COVID-19 Resources

- Administration for Community Living (ACL): ACL.gov/COVID-19
- Senior Medicare Patrol National Resource Center (SMPNRC): www.smpresource.org/Content/Medicare-Fraud-Schemes/COVID-19-Fraud
- Centers for Disease Control and Prevention (CDC): CDC.gov/coronavirus/2019-ncov
- Federal Trade Commission (FTC): FTC.gov/coronavirus
- Medicare: Medicare.gov/medicare-coronavirus

How Your Senior Medicare Patrol (SMP) Can Help

Your local SMP is ready to provide you with the information you need to PROTECT yourself from Medicare fraud, errors, and abuse; DETECT potential fraud, errors, and abuse; and REPORT your concerns. SMPs and their trained volunteers help educate and empower Medicare beneficiaries in the fight against health care fraud. Your SMP can help you with your questions, concerns, or complaints about potential fraud and abuse issues. It also can provide information and educational presentations.

To locate your state Senior Medicare Patrol (SMP):
Visit www.smpresource.org or call 1-877-808-2468.

Supported by a grant (No. 90MPRC0001) from the Administration for Community Living (ACL), U.S. Department of Health and Human Services (DHHS).
Attention Community!!
Recycling Bag Challenge

Hosted by the Transfer Station

Participants will receive a Tree Seedling.

(1 seedling per household, office or school)
Stop by the transfer station and sign up.

Starting today, tomorrow or the next day

Ends July 31, 2020

(Household with the most recycled bag wins a prize.)

I will give you a Blue recycled bag and a list of what you can and cannot recycle.

Once you fill the bag with recyclable trash bring to transfer station and receive another Blue bag. The more bags you fill the more you help save the landfills.

This is a good time to learn to recycle, it not hard at all.

“Ohhh” wait, till you see how small your trash is by recycling.

For more information stop by or call Roberta at (505)250-8297.